

PROFESSIONAL MASTERCLASS: EFT/Tapping for Trauma Relief and Resiliency Training

SESSION 1: MARCH 10–11

SESSION 2: MARCH 17–18

**This free training is sponsored by Create Global Healing
and The Tapping Solution Foundation**

Please join internationally known trauma-healing expert, AAMET Accredited Certified Trainer and Evidence Based EFT Trainer, Dr. Lori Leyden for this accelerated trauma relief and resiliency workshop.

This is a rare opportunity to learn the Project LIGHT Clinical EFT Trauma Healing Protocol developed by Dr. Leyden and implemented in her work in Rwanda with orphan genocide survivors, in Newtown with survivors of the Sandy Hook Elementary School shooting and, in Australia with those serving indigenous and refugee youth.

Appropriate for professionals who are committed to their own healing and resiliency, desire to reach an advanced skill level, explore innovations and enhancements to their existing work, and prepared to work with traumatized youth and adults.

The term “Clinical EFT” refers to the evidence-based method that has been validated in research studies that meet the requirements of the American Psychological Association (APA) Division 12 Task Force on Empirically Validated Therapies.

TOPICS:

- Understanding how trauma affects the brain
- Clinical EFT research review
- Accelerating healing for trauma survivors
- Cultural considerations
- Identifying common elements and themes of traumatic events
- The art and skill of being fully present to your clients
- Resolving the traumas and blocks that limit your EFT practice

Clinical EFT trauma healing skills:

- Tap and Breathe
- Aspects and Testing
- Protective Distancing
- The Marquee Technique
- Tell The Story Technique
- Continuous/Conversational Tapping
- Identifying and exploring Core Issues and Limiting Beliefs
- Inner child work
- Parts Work
- Using intuition: Garbage versus gold
- Putting it all together – the Project LIGHT Clinical EFT Trauma Healing Protocol

COST OF TRAINING: FREE

REGISTRATION: Please email lori@createglobalhealing.org to reserve your spot.

LOCATION: TBD (Parkland area)



Dr Lori Leyden

BIO: Lori Leyden, PhD, MBA is an internationally known trauma healing professional, transformational speaker and mentor who courageously follows her heart, makes dreams become a reality and inspires others to do the same. With her unique brand of heart-centered humility, humor and grace, Dr. Leyden finds the miracles that are possible out of tragedy and has brought comfort, peace and hope to thousands from Rwanda to Sandy Hook, CT and others around the world.